



ADHD for Organisers

Part 1

Part 1: ADHD types/ symptoms/ diagnosis

History of ADHD

When were the symptoms we now recognise as ADHD first described?

When was Ritalin developed?

When was 'ADD' first described (with diagnostic criteria) in the DSM?

What has been the main shift in understanding of ADHD in the end of the 20th C?

ADHD- How common is it (prevalence)?

What's the ratio of male: female

Diagnostic rates

Why & how do the diagnostic rates differ from the prevalence rates:

...in the US?

Why & how do the diagnostic rates differ from the prevalence rates:
...in the UK?

Why are females less likely to be diagnosed?

Why is it so important to ensure people with ADHD get a diagnosis?

What causes ADHD?

ADHD & the brain

What are the three main findings which show ADHD is not 'naughty boy' syndrome!

What is ADHD? (core symptoms)

Hyperactive symptoms

- Squirms or fidgets
- Difficulty staying seated
- Blurts out an answer before question is finished.
- Inappropriately runs/ climbs (or restlessness)
- Appears driven or "on the go"
- Has trouble quietly playing or leisure activity
- Has difficulty waiting his or her turn
- Talks excessively
- Interrupts or intrudes on others

Inattentive symptoms

- Poor attention to details - makes careless mistakes
- Problems organising (e.g. time, space, tasks)
- Does not seem to listen (i.e. seems to be elsewhere)
- Doesn't follow through instructions or complete jobs
- Has problems staying focused on tasks or activities
- Forgets daily tasks, such as doing chores
- Is easily distracted
- Often loses things needed for tasks or daily life
- Avoids or dislikes tasks that require sustained mental effort

Diagnostic Pathway

What are the two main pathways children follow to get assessed for ADHD?

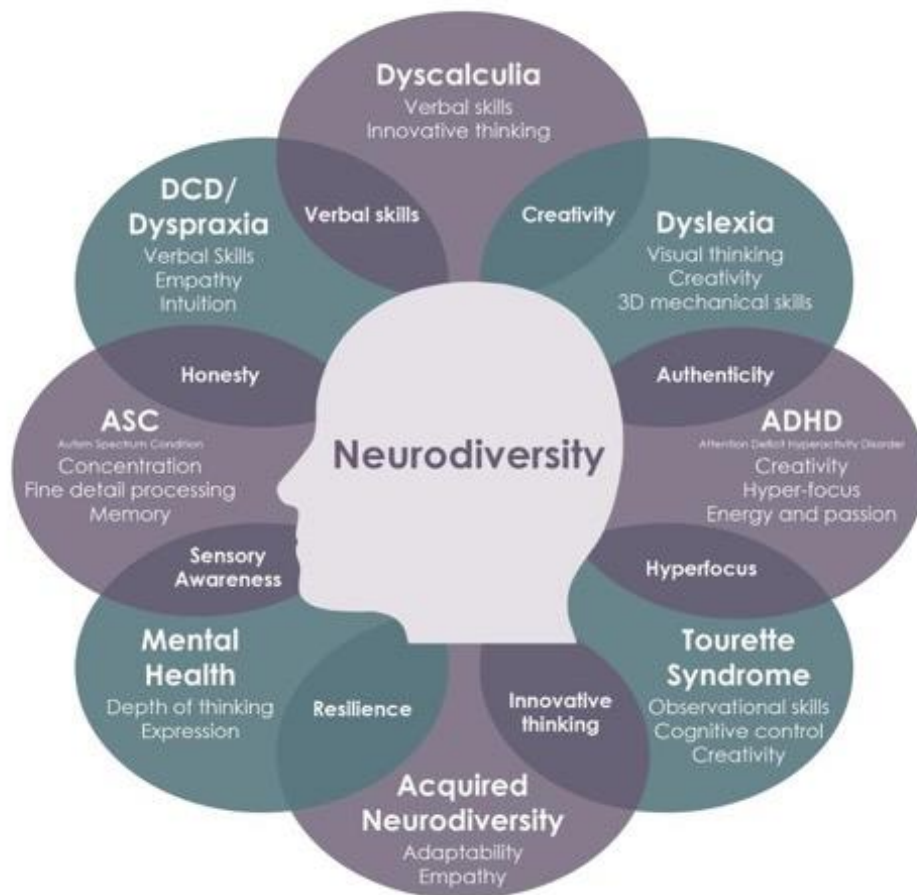
Who is the only person who can make a diagnosis in UK?

Diagnosed ADHD if...

There are 4 elements which need to be considered before diagnosis- what are they?

Neurodiversity

What other conditions may also be present alongside ADHD?



Created by Dr Nancy Doyle based on the work of Mary Colley