

10 TOP TIPS

to declutter your home

Using the **Free Your Space** principles:
Less in / More out / Organise

FreeYourSpace

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10 TOP TIPS



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TOP TIP 1

Get help

Ask a kind and non-judgmental friend to help kickstart your decluttering (or call me!)

How will you reward yourself?

TOP TIP 2

Less in

Fewer emails, newsletters, junk mail and purchases (especially online)

Declutter as things come in.

TOP TIP 3

More out

Decluttering is a life skill - so practice it.

Start with a drawer or shelf and always have a bag on the way to charity.

TOP TIP 4

Sort it

Empty each drawer or shelf fully before sorting through contents – only put back what you really want to keep.

TOP TIP 5

Ask...

- Does it fit/work?
- Do you love it?
- Would you buy this now?

TOP TIP 6

Be honest

Value yourself and your time.

What are your priorities right now? If you don't have time to sell, just let it go.

TOP TIP 7

Be brave

Keep reviewing how you value your belongings...

...and accept that occasionally you'll make a mistake.

TOP TIP 8

Treasures

Don't hide away your mementoes. Spend time reviewing them.

You can then decide what's still precious, store it safely or display it.

TOP TIP 9

Storage

Wait until **after** you've decluttered to buy storage. That way you can choose the best solution to fit your newly decluttered space.

TOP TIP 10

Organise

- Where do you use it?
- Where would you look for it?
- Give everything a sensible home

Create new habits and zones which work better for you



Enjoy your
new-found
space!

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